



Physical Education Policy 2025

Approved by:

Date:

Last reviewed:

Next review due:



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Sandal Magna Physical Education Policy

Abbreviations within the document:

PE	Physical Education
KS1	Key Stage 1
KS2	Key Stage 2
QCA	The Qualifications and Curriculum Authority
EYFS	Early Years Foundation Stage

Introduction

At Sandal Magna Community Academy, we are committed to providing all children with learning opportunities to engage in Physical Education. This policy reflects our school's values and philosophy in relation to the teaching and learning of P.E. It sets out a framework within which teaching and non-teaching staff can work, and gives guidance on planning, teaching and assessment. It has been developed through a process of consultation with school staff and governors.

Our Aims

- To develop skillful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency.
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas.
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising.
- To develop the ability to work as a team player, taking the lead and learning to work collaboratively with others.
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being.

Planning and Organisation

- Each class is timetabled so that they can access the hall at least twice a week regularly.
- The playground areas and field are used to facilitate activities such as outdoor activities and games.
- Teaching staff deliver high quality PE activities/lessons for all children.
- Swimming lessons are provided by qualified teachers from Normanton swimming pool.
- Through the local pyramid of schools, the children are all given regular opportunities to participate in after school competitive sporting activities. School staff accompany the teams to these events.
- A number of children in Upper Key Stage 2 are trained as Play Leaders to actively promote and facilitate a variety of sporting games during lunchtimes, encouraging positive play and increased physical activity among their peers

Early Years Foundation Stage

Physical development within the EYFS framework is one of three prime areas for learning.

- Moving and handling – Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.
- Health and self-care – children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Children access a range of daily activities to develop their fine and gross motor skills and have access to a dedicated outside area. In addition to this, they also have a weekly PE lesson.

Key Stage 1 and 2

- The school follows our new Get Set for Education PE planning – These have been adapted to meet the needs of each individual class and have videos and extra resources to support teachers. The scheme is in accordance with the current National Curriculum guidelines.
- Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively.
- Currently swimming lessons take place weekly for Year 4. Transport time to the local pool is included as part of the PE time allocation.

Inclusion

- Class teachers will ensure that spare PE kit is available for any occasional circumstances where a child does not have their own in school.
- Lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.
- For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.
- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

Assessment and Recording

- Assessment is usually carried out by teachers in the course of the normal class activity.
- This is done mainly through observations and sometimes through discussion with children.
- A photographic/video record is used to document some of their work.
- Physical development levels and progress are recorded by the EYFS teachers for each child.
- Physical Education / physical development is included as part of the end of year reports to parents.

Health and Safety

- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible.
- Regular checks are made on all equipment.
- The subject leader makes termly visual checks for wear and tear and security of major items, and all staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.
- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting a hockey stick above the waist, not jumping or running in front of others etc).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- Pupils wear suitable footwear when travelling to and from the hall.

Resources

- There is a variety of equipment to enable pupils to achieve objectives, which are best suited for their age and stage.
- Large equipment/ mats and some indoor PE resources are stored in the hall.
- Outdoor equipment is stored in the outdoor store.

School Sports Premium

The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated termly and reviewed by Governors. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

Monitoring and Review

- The subject leader will oversee the continuity and progression within annual and medium-term plans.
- They will also monitor the quality of teaching and learning through observations.
- The leader will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school in order to enhance learning and direct teachers to examples of good practice.