



Sandal Magna Primary Academy

Physical Education

Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamentals	Yoga	Ball Skills	Team Building	Striking and fielding	Athletics
Year 2	Fundamentals	Dance	Target games	Fitness	Striking and fielding	Athletics
Year 3	Dodgeball	Gymnastics	Tennis	OOA	Cricket	Athletics
Year 4	Basketball	Yoga	Tennis	Fitness	Rounders	Athletics
Year 5	Football	Dance	Volleyball Y5/Y6	OOA	Cricket	Athletics
Year 6	Netball	Gymnastics	Badminton Y5/Y6	Fitness	Rounders	Athletics